

HOW TO PRAY THE ROSARY

1. Make the Sign of the Cross and say the **“Apostles’ Creed”**
*I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. * I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.*
2. Say the **“Our Father”**
*Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. * Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.*
3. Say three **“Hail Marys”**
*Hail Mary, full of grace, the Lord is with thee; blessed art thou among women; and blessed is the fruit of thy womb, Jesus. * Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.*
4. Say the **“Glory Be”**
*Glory be to the Father, and to the Son, and to the Holy Spirit, * as it was in the beginning, is now and ever shall be, world without end. Amen.*
5. Announce the First Mystery and then say the **“Our Father”**
6. Say ten **“Hail Marys”** while meditating on the Mystery
7. Say the **“Glory Be”**
8. Say the **“O My Jesus”** prayer requested by Mary at Fatima
O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.
9. Announce the Next Mystery; then say the **“Our Father”** and repeat these steps (6 through 8) as you continue through the remaining Mysteries.
10. Say the closing prayers: the **“Hail Holy Queen”** and **“Final Prayer”**
Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our

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sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

*Pray for us O holy mother of God, * that we may be made worthy of the promises of Christ.*

*Let us pray. * O God, whose only-begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

11. Make the "Sign of the Cross"

SATURDAYS: The Joyful Mysteries

The Annunciation

The Visitation

The Birth of Jesus

The Presentation

The Finding of the Child Jesus in the Temple

Litany of the Blessed Virgin Mary, Mother of Life

The Response is: **Mary, pray for us.**

Mary, Mother of all Life,
help us to respect human life from the moment of conception
to the moment of natural death. R.

Mary, Mother of Compassion,
You showed us how valuable a single life can be;
Help us to guard and protect the lives of all people entrusted to our care. R.

Mary, Mother of the Child Jesus,
with St. Joseph you formed the Holy Family.
Guard and protect all families in this earthly life; R.

Mary, Mother Most Holy,
You sanctified the vocation of motherhood;
Pour out your heavenly aid on all mothers and help them to be holy. R.

Mary, Mother of Sorrows,
Simeon's prophecy foretold that a sword of suffering would pierce your heart;
Bring comfort and hope to all mothers who suffer over their children. R.

Mary, Full of Grace,
You had a choice in responding to God's call;
Help us always to say "Yes" to the will of God in our lives,
And strive always to do whatever he tells us. R.

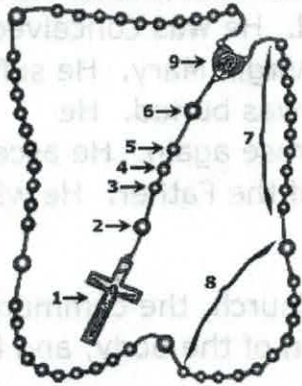
Mary, Comforter of the Afflicted,
Pour forth your heavenly grace on all who are in need of God's healing,
Especially those involved in abortion;
Help them to experience the love and mercy of Christ, your Son. R.

Mary, Intercessor and Advocate,
We lift up the poor, the displaced, the marginalized and vulnerable members of society;
Help them to never abandon hope, but to place their trust in the God who gave them life. R.

Mary, Mother of the Word Incarnate, you bore in your womb him whom the heavens cannot contain;
Help us to bear witness to Christ by the example of our lives
And show the world the extravagant love of God. R.

All: Remember, o most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, we fly unto you, O Virgin of virgins, our Mother. To you we come, before you we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in your mercy hear and answer them. Amen.

How to Recite the Chaplet of Divine Mercy



The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is sometimes preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

1. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

2. Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

5. The Apostle's Creed

I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

6. The Eternal Father

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

7. On the Ten Small Beads of Each Decade

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

8. Repeat for the remaining decades

Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.

9. Conclude with Holy God (Repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

10. Optional Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

A Litany for Life

Based on 1 Corinthians 12:31-13:8a

Lord, You teach us that love is patient.

Give to the mother who is tempted to abort her child the patience to endure the suffering that will bring forth new life.

Lord, You teach us that love is kind.

Give to the new father whose friends tell him to abort his child the gentleness, compassion and courage to support his wife and child, protect them from all that could harm them, and sustain them against selfishness and hate.

Lord, You teach us that love is not jealous.

Remove from all human hearts the temptation to trade human life for advantage, convenience or personal benefit. Deliver us from the expediency that values personal gain and pleasure over the dignity of human life.

Lord, You teach us that love is not pompous.

Deliver us from the arrogance that sees our needs or wants as superior to the rights of others. Help us to see all our brothers and sisters as worthy of all of our love.

Lord, You teach us that love is not inflated.

Grant us a share in the humility of your Son, who sought not to be served, but to serve. Help us to see in every human life, rich or poor, young or old, guilty or innocent, a reflection of your image and likeness.

Lord, You teach us that love is not rude.

Implant a spirit of gentle compassion in the hearts of each of your sons and daughters, Lord, that no person may ever be treated as less than the child of God which you have made them, through the Paschal Death and Resurrection of your only-begotten Son.

Lord, You teach us that love does not seek its own interests.

Give to all who govern us, Lord, a generous spirit, that our country may not so much seek to be great as to be good, to be rich in possessions as to be rich in mercy, or to be renowned as to be renowned for justice and truth for all.

Lord, You teach us that love is not quick-tempered.

Grant that by our prudence and patience we might learn to live that sacrificial love by which your Son died for us on the Cross, that all men and women might know our kindness and willingness to love them unto death after the model of our Lord and Savior.

Lord, You teach us that love does not brood over injury.

Give us the grace of mercy, Lord, that like your Son we might forgive those who sin against us, seeking only their redemption and eternal happiness. Forgive the abortionist who takes the life of an unborn child. Move his heart, grant him the grace of repentance, and give us a full share in your mercy.

Lord, You teach us that love does not rejoice over wrongdoing.

Help us to seek only the redemption of wrongdoers, Lord, and remove from our hearts all desire for vengeance and hate. Help us to desire not revenge, even for the horrors of abortion, but the repentance and happiness of all your children.

Lord, You teach us that love rejoices with the truth.

Implant deep within our hearts a sense of the joy of the Gospel of Life, and make us joy-filled evangelists of your great gift of life.

Lord, You teach us that love bears all things.

When we are insulted or reviled for the sake of the Gospel of Life, give us the courage and the innocence of the children of God. Help us, Lord, to suffer for the sake of your truth, and never to seek our own good, even in the good work we do.

Lord, You teach us that love believes all things

Deliver us from every temptation to despair, Lord. When we are discouraged, give us the grace to trust in your mercy and to know that your love is ever victorious, even in the face of darkness, death, and hate.

Lord, You teach us that love hopes all things.

As we trust in your infinite love, O Lord, give us the trust that comes from the Gospel, and help us to cling to that sure and certain hope that for those who love God all things come to good.

Lord, You teach us that love endures all things.

In the face of death, destruction, and a culture of death, never let us lose sight of the beauty of the face of your only-begotten Son, Our Lord, who suffered the torments of his Passion and Death for the sake of our sins. Let us trust that through his Passion we will have the strength to do your will and to carry each cross that comes our way for the glory of God and the love of his little ones.

Lord, You teach us that love never fails.

When the crusade for life seems unending and our latest initiatives have failed, when our hearts are filled with sadness or anger or fear, come to our aid, O Lord, and give us the assurance that you are ever with us, that your mercies will not end, and that you, our Creator and our God, will bring victory to all who seek to love as you have commanded them.

LITANY IN RESPONSE TO ABORTION

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Christ, hear us. Christ, graciously hear us.

RESPONSE to the following: Have mercy on us!

God the Father, Creator of the world,
God the Son, through whom all things were made,
God the Holy Spirit, Lord and Giver of Life,
Lord Jesus, the Beginning and the End,
Lord Jesus, the Way, the Truth, and the Life,
Lord Jesus, the Resurrection and the Life,
Lord Jesus, Eternal Word of Life,
Lord Jesus, living in the womb of the Virgin Mary,
Lord Jesus, Lover of the poor and weak,
Lord Jesus, Defender of the helpless,
Lord Jesus, Bread of Life,
For every sin against life,
For the sin of abortion,
For the daily killing of innocent babies,
For the bloodshed throughout our land,
For the silent screams of Your children,
For the killing of Your future disciples,
For the exploitation of women by abortion,
For the silence of Your people,
For the apathy of Your people,
For the co-operation of Your people in this tragedy,

RESPONSE to the following: Lord, hear our prayer.

For our pre-born brothers and sisters killed by abortion,
For our pre-born brothers and sisters threatened by abortion,
For our brothers and sisters who have survived abortion,
For mothers who have had abortions,
For mothers tempted to have abortions,
For mothers pressured to have abortions,
For mothers who have refused to have abortions,
For the fathers of aborted babies,
For the families of aborted babies,
For the families of those tempted to have abortions
For abortionists,
For all who assist and cooperate in abortions,
For doctors and nurses, that they may nurture life,
For government leaders, that they may defend life,
For the clergy, that they may speak up for life,
For the pro-life movement,
For those who speak, write, and work to end abortion,

For those who help provide alternatives to abortion...

For those who promote adoption,

For national and local pro-life groups,

For unity in the pro-life movement,

For courage and perseverance in pro-life work,

For those who suffer ridicule and rejection for their stand for life,

For those imprisoned for defending life,

For those who have been injured and mistreated for defending life,

For legal professionals,

For courts and judges,

For police officers,

For educators,

For media professionals,

In thanksgiving for the babies saved from abortion,

In thanksgiving for the mothers saved and healed from abortion,

In thanksgiving for the former abortion providers who have become pro-life,

In thanksgiving for all those who take a stand against abortion,

In thanksgiving for the call to be part of the pro-life movement,

Lamb of God, who takes away the sins of the world, spare us, O Lord.

Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world, have mercy on us.

Let us pray

Almighty and ever-living God,

You have created all things through Your Son Jesus Christ.

He trampled the power of death by His Paschal Mystery.

May all who acknowledge You

Promote the sacredness of life

And always serve You faithfully,

Through the same Christ our Lord.

Amen.

INTERCESSIONS FOR THOSE INVOLVED IN ABORTION

For those who are tempted by abortion,
that God may plant in their hearts
a love for the treasure of life
and the strength to protect it;
we pray to the Lord:

For all doctors,
that inspired by their oath to protect life,
they may know the grace of repentance,
serving others as true disciples
of the Gospel of Life;
we pray to the Lord:

For all nurses,
that inspired by the gentle compassion,
of Mary, the Mother of God,
they might serve as guardians of life
in every moment of its existence;
we pray to the Lord:

For all hospital administrators,
that with wisdom and respect for life,
they might lead those who work with them,
for the nurturing and protection of all life;
we pray to the Lord:

For parents who have lost a child to abortion
and whose hearts are closed to the mercy of God,
that they might know the grace of repentance,
confession and the healing embrace of the Father;
we pray to the Lord:

For parents overwhelmed by grief and remorse
at the loss of their child to abortion,
that Jesus the shepherd,
so rich in mercy and compassion,
might heal their broken hearts;
we pray to the Lord:

For all who counsel the parents of aborted children,
that God might reward them for the crosses they bear
and grant them the words of wisdom to lead lost souls home to him,
we pray to the Lord:

For each child aborted from his mother's womb,
that from their place in heaven
they might intercede for their mothers and fathers
for peace and healing and the gift of true repentance;
we pray to the Lord:

Thus says the LORD:
In Ramah is heard the sound of moaning,
of bitter weeping!
Rachel mourns her children,
she refuses to be consoled
because her children are no more.

Thus says the LORD:
Cease your cries of mourning,
wipe the tears from your eyes.
The sorrow you have shown
shall have its reward, ...
There is hope for your future. ...

-Jeremiah 31:15-17